



~Lunch Bunch December Weekly Activities~



December Lunch Bunch!

Nov 28th -Dec 1st

Ornaments!

We will be creating ornaments to paint and customize for our Christmas tree board. The board is inside our classroom. (Take a look if you have the chance!) Also, we will be decorating a Christmas tree to go outside of our classroom. Using teamwork, planning, following instructions, and getting into the Christmas Spirit!

December 5th -8th

Ornament and Spoon race!

The Christmas version of the typical egg and spoon race! Exercising balance, control, and patience. Reading Christmas Nibbles. (An all-around class favorite:)) As well as focusing on Isaiah 9:6-7

December 12-13th

Christmas party!

We will play pass the parcel.

This Christmas game involves passing around in a circle a present. When the music stops one layer is unwrapped revealing a gift. Each student will get a small gift while practicing their fine motor skills(unwrapping one layer at a time) and gross motor skills(passing and handling the gift). This game is fun for birthday parties too!



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I can't believe we are already so close to the New Year! Time really flies! Everyone has grown so much already, in such a short time! I can't wait to learn about and celebrate Christmas with Lunch Bunch. And together, honor the celebration of God's ultimate gift, his only child, his son; the birth of Jesus Christ. As always, please reach out if you have any questions/concerns/recommendations, etc. I would like to say, I appreciate the creativity of all your lunches and love seeing more healthy choices every day :)! I would like to share an article I read for my class titled "Effects of diet on behavior and cognition in children" it talks about sugar, Thiamin, ADHD, food additives, and more! Sharing and learning are two of God's greatest gifts, if you have anything you would love to spread please do! Have a wonderful holiday season!

<http://bit.ly/3EXbb7k>

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